

BESCHREIBUNG KURSANGEBOT:

PIKE

Kursnummer: 241621

Ort:	Schulhaus Rittergasse, Bahn 2
Adresse:	Rittergasse 5
	4051 Basel

Lerninhalt: **Swimtest 2 (correct swim technique)**

Test contents:

- 25 m dolphin body motion
- 25 m backstroke-rotation, one-armed
- 25 m breaststroke with efficient arm movements
- 50 m crawl, one-armed
- 75 m swimming (25 m back + 25 m breast + 25 m crawl)
- racing dive and turn in breaststroke

Trainer:	Renata Magallon
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Kursniveau:	Kinder
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Bemerkung:

Kosten:	442.00 CHF
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detaillierte	<u>Lektionen: 19</u>
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Termine:	Datum	Uhrzeiten
	13.01.2024	10:30 - 11:15
	20.01.2024	10:30 - 11:15
	27.01.2024	10:30 - 11:15
	03.02.2024	10:30 - 11:15
	10.02.2024	10:30 - 11:15
	02.03.2024	10:30 - 11:15
	09.03.2024	10:30 - 11:15
	16.03.2024	10:30 - 11:15
	23.03.2024	10:30 - 11:15
	13.04.2024	10:30 - 11:15
	20.04.2024	10:30 - 11:15

27.04.2024	10:30 - 11:15
04.05.2024	10:30 - 11:15
11.05.2024	10:30 - 11:15
25.05.2024	10:30 - 11:15
01.06.2024	10:30 - 11:15
08.06.2024	10:30 - 11:15
15.06.2024	10:30 - 11:15
22.06.2024	10:30 - 11:15
