

BESCHREIBUNG KURSANGEBOT:

BEGINNER COURSE CHILDREN FROM 6-10 YEARS

Kursnummer: 241568

Ort:	SuFz Wenkenstrasse, Bahn 1
Adresse:	Wenkenstrasse 33 4125 Riehen

Lerninhalt:	Children between the ages of 6 - 10 years learn the first basic techniques of swimming in this beginner course. The aim is to get them to their appropriate performance level for their age as soon as possible.
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Being able to swim correctly is the basis for a long-term enjoyment of this healthy sport. Regular swimming supports the physical and mental development of the child and also encourages their coordination skills. The children discover their personal capability, whereby the self-confidence will be strengthened. At the end of the course tests are performed according to the guidelines of swim sports.

Trainer:	Úna Coughlan
Kursniveau:	
Bemerkung:	
Kosten:	442.00 CHF
detaillierte Termine:	<u>Lektionen: 19</u> Datum Uhrzeiten keine Termine vorhanden
