

BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 253595

Ort: Rialto, Öffentliches Becken Bahn 1
Adresse:
Birsigstrasse 45
4054 Basel

Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

Trainer: Knechtli2 Team

Kursniveau: Kinder

Bemerkung:

Kosten: 327.00 CHF

detaillierte Lektionen: 14

Termine:	Datum	Uhrzeiten
	02.09.2025	14:45 - 15:30
	09.09.2025	14:45 - 15:30
	16.09.2025	14:45 - 15:30
	23.09.2025	14:45 - 15:30
	14.10.2025	14:45 - 15:30
	21.10.2025	14:45 - 15:30
	28.10.2025	14:45 - 15:30
	04.11.2025	14:45 - 15:30
	11.11.2025	14:45 - 15:30
	18.11.2025	14:45 - 15:30
	25.11.2025	14:45 - 15:30

02.12.2025	14:45 - 15:30
09.12.2025	14:45 - 15:30
16.12.2025	14:45 - 15:30
