

BESCHREIBUNG KURSANGEBOT:

BEGINNER COURSE CHILDREN FROM 6-10 YEARS

Kursnummer: 203700

Ort:	Schulhaus Vogelsang, Bahn 3
Adresse:	Schwarzwaldallee 107
	4058 Basel

Lerninhalt:	Children between the ages of 6 - 10 years learn the first basic techniques of swimming in this beginner course. The aim is to get them to their appropriate performance level for their age as soon as possible.
-------------	--

Being able to swim correctly is the basis for a long-term enjoyment of this healthy sport. Regular swimming supports the physical and mental development of the child and also encourages their coordination skills. The children discover their personal capability, whereby the self-confidence will be strengthened. At the end of the course tests are performed according to the guidelines of swim sports.

Trainer:	Nadine Ziltener	
Kursniveau:		
Bemerkung:		
Kosten:	327.50 CHF	
detaillierte	<u>Lektionen: 15</u>	
Termine:	Datum	Uhrzeiten
	15.08.2020	09:00 - 09:45
	22.08.2020	09:00 - 09:45
	29.08.2020	09:00 - 09:45
	05.09.2020	09:00 - 09:45

12.09.2020	09:00 - 09:45
19.09.2020	09:00 - 09:45
17.10.2020	09:00 - 09:45
24.10.2020	09:00 - 09:45
31.10.2020	09:00 - 09:45
07.11.2020	09:00 - 09:45
14.11.2020	09:00 - 09:45
21.11.2020	09:00 - 09:45
28.11.2020	09:00 - 09:45
05.12.2020	09:00 - 09:45
12.12.2020	09:00 - 09:45
