

BESCHREIBUNG KURSANGEBOT:

FROG

Kursnummer: 233665

Ort: Hallenbad Kleinhüningen, Bahn 1
Adresse:
Dorfstrasse 51
4057 Basel

Lerninhalt: **Basics 3 basic movements (5 to 6 years)**

Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

Trainer: Knechtli1 Team

Kursniveau: Kinder

Bemerkung:

Kosten: 349.00 CHF

detaillierte Lektionen: 16

Termine:	Datum	Uhrzeiten
	19.08.2023	10:30 - 11:15
	26.08.2023	10:30 - 11:15
	02.09.2023	10:30 - 11:15
	09.09.2023	10:30 - 11:15
	16.09.2023	10:30 - 11:15
	23.09.2023	10:30 - 11:15
	30.09.2023	10:30 - 11:15
	21.10.2023	10:30 - 11:15
	28.10.2023	10:30 - 11:15
	04.11.2023	10:30 - 11:15
	11.11.2023	10:30 - 11:15

18.11.2023	10:30 - 11:15
25.11.2023	10:30 - 11:15
02.12.2023	10:30 - 11:15
09.12.2023	10:30 - 11:15
16.12.2023	10:30 - 11:15
