

## BESCHREIBUNG KURSANGEBOT:

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### SEAHORSE

Kursnummer: 261695

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Ort: AZ Weiherweg , Bahn 2  
Adresse:  
Rudolfstr. 43  
4054 Basel

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Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

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Trainer: Athuja Anantharasa und Aimée Ruch

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Kursniveau: Kinder

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Bemerkung:

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Kosten: 442.00 CHF

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detaillierte Lektionen: 19

Termine:	Datum	Uhrzeiten
	10.01.2026	11:45 - 12:30
	17.01.2026	11:45 - 12:30
	24.01.2026	11:45 - 12:30
	31.01.2026	11:45 - 12:30
	07.02.2026	11:45 - 12:30
	14.02.2026	11:45 - 12:30
	07.03.2026	11:45 - 12:30
	14.03.2026	11:45 - 12:30
	21.03.2026	11:45 - 12:30
	28.03.2026	11:45 - 12:30
	18.04.2026	11:45 - 12:30

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25.04.2026	11:45 - 12:30
02.05.2026	11:45 - 12:30
09.05.2026	11:45 - 12:30
23.05.2026	11:45 - 12:30
30.05.2026	11:45 - 12:30
06.06.2026	11:45 - 12:30
13.06.2026	11:45 - 12:30
20.06.2026	11:45 - 12:30

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