

BESCHREIBUNG KURSANGEBOT:

FROG

Kursnummer: 203587

Ort:	Schulhaus Vogelsang, Bahn 1
Adresse:	Schwarzwaldallee 107
	4058 Basel

Lerninhalt:	Basics 3 basic movements (5 to 6 years)
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Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

Trainer:	Simone Tarelli und Agnes Vonarburg
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Kursniveau:	Kinder
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Bemerkung:	
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Kosten:	327.50 CHF
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detaillierte	<u>Lektionen: 15</u>
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Termine:	Datum	Uhrzeiten
	15.08.2020	09:00 - 09:45
	22.08.2020	09:00 - 09:45
	29.08.2020	09:00 - 09:45
	05.09.2020	09:00 - 09:45
	12.09.2020	09:00 - 09:45
	19.09.2020	09:00 - 09:45
	17.10.2020	09:00 - 09:45
	24.10.2020	09:00 - 09:45
	31.10.2020	09:00 - 09:45
	07.11.2020	09:00 - 09:45
	14.11.2020	09:00 - 09:45

21.11.2020	09:00 - 09:45
28.11.2020	09:00 - 09:45
05.12.2020	09:00 - 09:45
12.12.2020	09:00 - 09:45
