

BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 243657

Ort: AZ Weiherweg , Bahn 3
Adresse:
Rudolfstr. 43
4054 Basel

Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

Trainer: Léanne Lossin und Nadine Ziltener und Irem Tasoglu Gress

Kursniveau: Kinder

Bemerkung:

Kosten: 396.00 CHF

detaillierte Lektionen: 17

| Termine: | Datum | Uhrzeiten |
|----------|------------|---------------|
| | 15.08.2024 | 18:15 - 19:00 |
| | 22.08.2024 | 18:15 - 19:00 |
| | 29.08.2024 | 18:15 - 19:00 |
| | 05.09.2024 | 18:15 - 19:00 |
| | 12.09.2024 | 18:15 - 19:00 |
| | 19.09.2024 | 18:15 - 19:00 |
| | 26.09.2024 | 18:15 - 19:00 |
| | 17.10.2024 | 18:15 - 19:00 |
| | 24.10.2024 | 18:15 - 19:00 |
| | 31.10.2024 | 18:15 - 19:00 |
| | 07.11.2024 | 18:15 - 19:00 |

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| 14.11.2024 | 18:15 - 19:00 |
| 21.11.2024 | 18:15 - 19:00 |
| 28.11.2024 | 18:15 - 19:00 |
| 05.12.2024 | 18:15 - 19:00 |
| 12.12.2024 | 18:15 - 19:00 |
| 19.12.2024 | 18:15 - 19:00 |
