

BESCHREIBUNG KURSANGEBOT:

CRAB

Kursnummer: 203516

Ort: Rialto, Lehrschwimmbecken Bahn 1
Adresse:
Birsigstrasse 45
4054 Basel

Lerninhalt: **Basics 1 water habituation (4 to 5 years)**

Test content:

- Correct breathing underwater
- Floating 5 sec. on your back
- Taking a header from a seated position on the edge of the pool
- Jumping into the water and making it back to the edge
- Identifying objects under water with open eyes

Trainer: Sandra Porfirio

Kursniveau: Kinder

Bemerkung:

Kosten: 306.00 CHF

detaillierte Lektionen: 14

Termine:	Datum	Uhrzeiten
	31.08.2020	18:15 - 19:00
	07.09.2020	18:15 - 19:00
	14.09.2020	18:15 - 19:00
	21.09.2020	18:15 - 19:00
	12.10.2020	18:15 - 19:00
	19.10.2020	18:15 - 19:00
	26.10.2020	18:15 - 19:00
	02.11.2020	18:15 - 19:00
	09.11.2020	18:15 - 19:00
	16.11.2020	18:15 - 19:00
	23.11.2020	18:15 - 19:00

30.11.2020	18:15 - 19:00
07.12.2020	18:15 - 19:00
14.12.2020	18:15 - 19:00
