

BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 261733

Ort:	Rialto, Kursschwimmbecken Bahn 1
Adresse:	Birsigstrasse 45 4054 Basel

Lerninhalt:	Basics 2 water accomplishment (4 to 5 years)
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Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

Trainer:	Davide Rossi und Athuja Anantharasa
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Kursniveau:	Kinder
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Bemerkung:	
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Kosten:	419.00 CHF
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detaillierte	<u>Lektionen: 18</u>
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Termine:	Datum	Uhrzeiten
	11.01.2026	11:30 - 12:15
	18.01.2026	11:30 - 12:15
	25.01.2026	11:30 - 12:15
	01.02.2026	11:30 - 12:15
	08.02.2026	11:30 - 12:15
	15.02.2026	11:30 - 12:15
	08.03.2026	11:30 - 12:15
	15.03.2026	11:30 - 12:15
	22.03.2026	11:30 - 12:15
	29.03.2026	11:30 - 12:15
	19.04.2026	11:30 - 12:15

26.04.2026	11:30 - 12:15
03.05.2026	11:30 - 12:15
10.05.2026	11:30 - 12:15
31.05.2026	11:30 - 12:15
07.06.2026	11:30 - 12:15
14.06.2026	11:30 - 12:15
21.06.2026	11:30 - 12:15
