

BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 261644

Ort: AZ Weiherweg , Bahn 1
Adresse:
Rudolfstr. 43
4054 Basel

Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

Trainer: Sandra Porfirio

Kursniveau: Kinder

Bemerkung:

Kosten: 465.00 CHF

detaillierte Lektionen: 20

Termine:	Datum	Uhrzeiten
	08.01.2026	17:30 - 18:15
	15.01.2026	17:30 - 18:15
	22.01.2026	17:30 - 18:15
	29.01.2026	17:30 - 18:15
	05.02.2026	17:30 - 18:15
	12.02.2026	17:30 - 18:15
	05.03.2026	17:30 - 18:15
	12.03.2026	17:30 - 18:15
	19.03.2026	17:30 - 18:15
	26.03.2026	17:30 - 18:15
	16.04.2026	17:30 - 18:15

23.04.2026	17:30 - 18:15
30.04.2026	17:30 - 18:15
07.05.2026	17:30 - 18:15
21.05.2026	17:30 - 18:15
28.05.2026	17:30 - 18:15
04.06.2026	17:30 - 18:15
11.06.2026	17:30 - 18:15
18.06.2026	17:30 - 18:15
25.06.2026	17:30 - 18:15
