

BESCHREIBUNG KURSANGEBOT:

CRAB

Kursnummer: 253565

Ort: SuFz Wenkenstrasse, Bahn 1
Adresse:
Wenkenstrasse 33
4125 Riehen

Lerninhalt: **Basics 1 water habituation (4 to 5 years)**

Test content:

- Correct breathing underwater
- Floating 5 sec. on your back
- Taking a header from a seated position on the edge of the pool
- Jumping into the water and making it back to the edge
- Identifying objects under water with open eyes

Trainer: Giulia Lavantsiotis und Anna Vonarburg

Kursniveau: Kinder

Bemerkung:

Kosten: 396.00 CHF

detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	13.08.2025	17:30 - 18:15
	20.08.2025	17:30 - 18:15
	27.08.2025	17:30 - 18:15
	03.09.2025	17:30 - 18:15
	10.09.2025	17:30 - 18:15
	17.09.2025	17:30 - 18:15
	24.09.2025	17:30 - 18:15
	15.10.2025	17:30 - 18:15
	22.10.2025	17:30 - 18:15
	29.10.2025	17:30 - 18:15
	05.11.2025	17:30 - 18:15

12.11.2025	17:30 - 18:15
19.11.2025	17:30 - 18:15
26.11.2025	17:30 - 18:15
03.12.2025	17:30 - 18:15
10.12.2025	17:30 - 18:15
17.12.2025	17:30 - 18:15
