

BESCHREIBUNG KURSANGEBOT:

FROG

Kursnummer: 251585

Ort:	Schulhaus Vogelsang, Bahn 2
Adresse:	Schwarzwaldallee 107
	4058 Basel

Lerninhalt:	Basics 3 basic movements (5 to 6 years)
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Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

Trainer:	Dennis Keiser und Athuja Anantharasa
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Kursniveau:	Kinder
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Bemerkung:	
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Kosten:	419.00 CHF
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detaillierte	<u>Lektionen: 18</u>
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Termine:	Datum	Uhrzeiten
	11.01.2025	09:45 - 10:30
	18.01.2025	09:45 - 10:30
	25.01.2025	09:45 - 10:30
	01.02.2025	09:45 - 10:30
	08.02.2025	09:45 - 10:30
	15.02.2025	09:45 - 10:30
	22.02.2025	09:45 - 10:30
	01.03.2025	09:45 - 10:30
	22.03.2025	09:45 - 10:30
	29.03.2025	09:45 - 10:30
	05.04.2025	09:45 - 10:30

12.04.2025	09:45 - 10:30
03.05.2025	09:45 - 10:30
10.05.2025	09:45 - 10:30
17.05.2025	09:45 - 10:30
24.05.2025	09:45 - 10:30
14.06.2025	09:45 - 10:30
21.06.2025	09:45 - 10:30
