

BESCHREIBUNG KURSANGEBOT:

FROG

Kursnummer: 263644

Ort: AZ Weiherweg , Bahn 1
Adresse:
Rudolfstr. 43
4054 Basel

Lerninhalt: **Basics 3 basic movements (5 to 6 years)**

Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

Trainer: Sandra Porfirio

Kursniveau: Kinder

Bemerkung:

Kosten: 396.00 CHF

detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	13.08.2026	17:30 - 18:15
	20.08.2026	17:30 - 18:15
	27.08.2026	17:30 - 18:15
	03.09.2026	17:30 - 18:15
	10.09.2026	17:30 - 18:15
	17.09.2026	17:30 - 18:15
	24.09.2026	17:30 - 18:15
	15.10.2026	17:30 - 18:15
	22.10.2026	17:30 - 18:15
	29.10.2026	17:30 - 18:15
	05.11.2026	17:30 - 18:15

12.11.2026	17:30 - 18:15
19.11.2026	17:30 - 18:15
26.11.2026	17:30 - 18:15
03.12.2026	17:30 - 18:15
10.12.2026	17:30 - 18:15
17.12.2026	17:30 - 18:15
