

BESCHREIBUNG KURSANGEBOT:

FROG

Kursnummer: 253736

Ort:	Rialto, Kursschwimmbecken Bahn 1
Adresse:	Birsigstrasse 45 4054 Basel

Lerninhalt:	Basics 3 basic movements (5 to 6 years)
-------------	--

Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

Trainer:	Elena Debelic und Davide Rossi und Athuja Anantharasa
----------	---

Kursniveau:	Kinder
-------------	--------

Bemerkung:

Kosten:	327.00 CHF
---------	------------

detaillierte	<u>Lektionen: 14</u>
--------------	----------------------

Termine:	Datum	Uhrzeiten
	07.09.2025	10:45 - 11:30
	14.09.2025	10:45 - 11:30
	21.09.2025	10:45 - 11:30
	28.09.2025	10:45 - 11:30
	19.10.2025	10:45 - 11:30
	26.10.2025	10:45 - 11:30
	02.11.2025	10:45 - 11:30
	09.11.2025	10:45 - 11:30
	16.11.2025	10:45 - 11:30
	23.11.2025	10:45 - 11:30
	30.11.2025	10:45 - 11:30

07.12.2025	10:45 - 11:30
14.12.2025	10:45 - 11:30
21.12.2025	10:45 - 11:30
