

## BESCHREIBUNG KURSANGEBOT:

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### SEAHORSE

Kursnummer: 203576

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Ort: Hallenbad Kleinhüningen, Bahn 1  
Adresse:  
Dorfstrasse 51  
4057 Basel

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Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

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Trainer: Sandra Porfirio und Sofia Magallón Terrazas

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Kursniveau: Kinder

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Bemerkung:

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Kosten: 327.50 CHF

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detaillierte Lektionen: 16

| Termine: | Datum      | Uhrzeiten     |
|----------|------------|---------------|
|          | 15.08.2020 | 13:15 - 14:00 |
|          | 22.08.2020 | 13:15 - 14:00 |
|          | 29.08.2020 | 13:15 - 14:00 |
|          | 05.09.2020 | 13:15 - 14:00 |
|          | 12.09.2020 | 13:15 - 14:00 |
|          | 19.09.2020 | 13:15 - 14:00 |
|          | 26.09.2020 | 13:15 - 14:00 |
|          | 17.10.2020 | 13:15 - 14:00 |
|          | 24.10.2020 | 13:15 - 14:00 |
|          | 31.10.2020 | 13:15 - 14:00 |
|          | 07.11.2020 | 13:15 - 14:00 |

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|            |               |
|------------|---------------|
| 14.11.2020 | 13:15 - 14:00 |
| 21.11.2020 | 13:15 - 14:00 |
| 28.11.2020 | 13:15 - 14:00 |
| 05.12.2020 | 13:15 - 14:00 |
| 12.12.2020 | 13:15 - 14:00 |

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