

## BESCHREIBUNG KURSANGEBOT:

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### CRAB

Kursnummer: 243561

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Ort: SuFz Wenkenstrasse, Bahn 1  
Adresse:  
Wenkenstrasse 33  
4125 Riehen

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Lerninhalt: **Basics 1 water habituation (4 to 5 years)**

Test content:

- Correct breathing underwater
- Floating 5 sec. on your back
- Taking a header from a seated position on the edge of the pool
- Jumping into the water and making it back to the edge
- Identifying objects under water with open eyes

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Trainer: Anna Vonarburg und Irem Tasoglu Gress

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Kursniveau: Kinder

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Bemerkung:

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Kosten: 396.00 CHF

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detaillierte Lektionen: 17

| Termine: | Datum      | Uhrzeiten     |
|----------|------------|---------------|
|          | 14.08.2024 | 16:00 - 16:45 |
|          | 21.08.2024 | 16:00 - 16:45 |
|          | 28.08.2024 | 16:00 - 16:45 |
|          | 04.09.2024 | 16:00 - 16:45 |
|          | 11.09.2024 | 16:00 - 16:45 |
|          | 18.09.2024 | 16:00 - 16:45 |
|          | 25.09.2024 | 16:00 - 16:45 |
|          | 16.10.2024 | 16:00 - 16:45 |
|          | 23.10.2024 | 16:00 - 16:45 |
|          | 30.10.2024 | 16:00 - 16:45 |
|          | 06.11.2024 | 16:00 - 16:45 |

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| 13.11.2024 | 16:00 - 16:45 |
| 20.11.2024 | 16:00 - 16:45 |
| 27.11.2024 | 16:00 - 16:45 |
| 04.12.2024 | 16:00 - 16:45 |
| 11.12.2024 | 16:00 - 16:45 |
| 18.12.2024 | 16:00 - 16:45 |

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