

BESCHREIBUNG KURSANGEBOT:

FROG

Kursnummer: 233631

Ort: AZ Weiherweg , Bahn 2
Adresse:
Rudolfstr. 43
4054 Basel

Lerninhalt: **Basics 3 basic movements (5 to 6 years)**

Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

Trainer: Anne Hersperger

Kursniveau: Kinder

Bemerkung:

Kosten: 370.50 CHF

detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	16.08.2023	17:00 - 17:45
	23.08.2023	17:00 - 17:45
	30.08.2023	17:00 - 17:45
	06.09.2023	17:00 - 17:45
	13.09.2023	17:00 - 17:45
	20.09.2023	17:00 - 17:45
	27.09.2023	17:00 - 17:45
	18.10.2023	17:00 - 17:45
	25.10.2023	17:00 - 17:45
	01.11.2023	17:00 - 17:45
	08.11.2023	17:00 - 17:45

15.11.2023	17:00 - 17:45
22.11.2023	17:00 - 17:45
29.11.2023	17:00 - 17:45
06.12.2023	17:00 - 17:45
13.12.2023	17:00 - 17:45
20.12.2023	17:00 - 17:45
