

BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 253572

Ort: Spiegelfeld Binningen, Bahn 2
Adresse:
Wassergrabenstrasse 21
4102 Binningen

Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

Trainer: Svenja Schneider

Kursniveau: Kinder

Bemerkung:

Kosten: 396.00 CHF

detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	16.08.2025	09:15 - 10:00
	23.08.2025	09:15 - 10:00
	30.08.2025	09:15 - 10:00
	06.09.2025	09:15 - 10:00
	13.09.2025	09:15 - 10:00
	20.09.2025	09:15 - 10:00
	27.09.2025	09:15 - 10:00
	18.10.2025	09:15 - 10:00
	25.10.2025	09:15 - 10:00
	01.11.2025	09:15 - 10:00
	08.11.2025	09:15 - 10:00

15.11.2025	09:15 - 10:00
22.11.2025	09:15 - 10:00
29.11.2025	09:15 - 10:00
06.12.2025	09:15 - 10:00
13.12.2025	09:15 - 10:00
20.12.2025	09:15 - 10:00
