

BESCHREIBUNG KURSANGEBOT:

FROG

Kursnummer: 251506

Ort:	Rialto, Kursschwimmbecken Bahn 2
Adresse:	Birsigstrasse 45 4054 Basel

Lerninhalt:	Basics 3 basic movements (5 to 6 years)
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Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

Trainer:	Sandra Porfirio
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Kursniveau:	Kinder
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Bemerkung:	
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Kosten:	465.00 CHF
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detaillierte	<u>Lektionen: 20</u>
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Termine:	Datum	Uhrzeiten
	06.01.2025	17:30 - 18:15
	13.01.2025	17:30 - 18:15
	20.01.2025	17:30 - 18:15
	27.01.2025	17:30 - 18:15
	03.02.2025	17:30 - 18:15
	10.02.2025	17:30 - 18:15
	17.02.2025	17:30 - 18:15
	24.02.2025	17:30 - 18:15
	17.03.2025	17:30 - 18:15
	24.03.2025	17:30 - 18:15
	31.03.2025	17:30 - 18:15

07.04.2025	17:30 - 18:15
28.04.2025	17:30 - 18:15
05.05.2025	17:30 - 18:15
12.05.2025	17:30 - 18:15
19.05.2025	17:30 - 18:15
26.05.2025	17:30 - 18:15
02.06.2025	17:30 - 18:15
16.06.2025	17:30 - 18:15
23.06.2025	17:30 - 18:15
