

BESCHREIBUNG KURSANGEBOT:

FROG

Kursnummer: 253656

Ort: AZ Weiherweg , Bahn 3
Adresse:
Rudolfstr. 43
4054 Basel

Lerninhalt: **Basics 3 basic movements (5 to 6 years)**

Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

Trainer: Astrid Blumenkamp und Léanne Lossin

Kursniveau: Kinder

Bemerkung:

Kosten: 396.00 CHF

detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	14.08.2025	17:30 - 18:15
	21.08.2025	17:30 - 18:15
	28.08.2025	17:30 - 18:15
	04.09.2025	17:30 - 18:15
	11.09.2025	17:30 - 18:15
	18.09.2025	17:30 - 18:15
	25.09.2025	17:30 - 18:15
	16.10.2025	17:30 - 18:15
	23.10.2025	17:30 - 18:15
	30.10.2025	17:30 - 18:15
	06.11.2025	17:30 - 18:15

13.11.2025	17:30 - 18:15
20.11.2025	17:30 - 18:15
27.11.2025	17:30 - 18:15
04.12.2025	17:30 - 18:15
11.12.2025	17:30 - 18:15
18.12.2025	17:30 - 18:15
