

BESCHREIBUNG KURSANGEBOT:

FROG

Kursnummer: 263565

Ort: SuFz Wenkenstrasse, Bahn 2
Adresse:
Wenkenstrasse 33
4125 Riehen

Lerninhalt: **Basics 3 basic movements (5 to 6 years)**

Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

Trainer: Anouk Klodel

Kursniveau: Kinder

Bemerkung:

Kosten: 396.00 CHF

detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	12.08.2026	17:30 - 18:15
	19.08.2026	17:30 - 18:15
	26.08.2026	17:30 - 18:15
	02.09.2026	17:30 - 18:15
	09.09.2026	17:30 - 18:15
	16.09.2026	17:30 - 18:15
	23.09.2026	17:30 - 18:15
	14.10.2026	17:30 - 18:15
	21.10.2026	17:30 - 18:15
	28.10.2026	17:30 - 18:15
	04.11.2026	17:30 - 18:15

11.11.2026	17:30 - 18:15
18.11.2026	17:30 - 18:15
25.11.2026	17:30 - 18:15
02.12.2026	17:30 - 18:15
09.12.2026	17:30 - 18:15
16.12.2026	17:30 - 18:15
