

BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 251656

Ort: AZ Weiherweg , Bahn 2
Adresse:
Rudolfstr. 43
4054 Basel

Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

Trainer: Léanne Lossin

Kursniveau: Kinder

Bemerkung:

Kosten: 442.00 CHF

detaillierte Lektionen: 19

Termine:	Datum	Uhrzeiten
	09.01.2025	17:30 - 18:15
	16.01.2025	17:30 - 18:15
	23.01.2025	17:30 - 18:15
	30.01.2025	17:30 - 18:15
	06.02.2025	17:30 - 18:15
	13.02.2025	17:30 - 18:15
	20.02.2025	17:30 - 18:15
	27.02.2025	17:30 - 18:15
	20.03.2025	17:30 - 18:15
	27.03.2025	17:30 - 18:15
	03.04.2025	17:30 - 18:15

10.04.2025	17:30 - 18:15
08.05.2025	17:30 - 18:15
15.05.2025	17:30 - 18:15
22.05.2025	17:30 - 18:15
05.06.2025	17:30 - 18:15
12.06.2025	17:30 - 18:15
19.06.2025	17:30 - 18:15
26.06.2025	17:30 - 18:15
