

BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 253647

Ort: AZ Weiherweg , Bahn 1
Adresse:
Rudolfstr. 43
4054 Basel

Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

Trainer: Sandra Porfirio

Kursniveau: Kinder

Bemerkung:

Kosten: 396.00 CHF

detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	14.08.2025	18:15 - 19:00
	21.08.2025	18:15 - 19:00
	28.08.2025	18:15 - 19:00
	04.09.2025	18:15 - 19:00
	11.09.2025	18:15 - 19:00
	18.09.2025	18:15 - 19:00
	25.09.2025	18:15 - 19:00
	16.10.2025	18:15 - 19:00
	23.10.2025	18:15 - 19:00
	30.10.2025	18:15 - 19:00
	06.11.2025	18:15 - 19:00

13.11.2025	18:15 - 19:00
20.11.2025	18:15 - 19:00
27.11.2025	18:15 - 19:00
04.12.2025	18:15 - 19:00
11.12.2025	18:15 - 19:00
18.12.2025	18:15 - 19:00
