

BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 203567

Ort:	Hallenbad Kleinhüningen, Bahn 1
Adresse:	Dorfstrasse 51
	4057 Basel

Lerninhalt:	Basics 2 water accomplishment (4 to 5 years)
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Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

Trainer:	Sandra Porfirio und Sofia Magallón Terrazas
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Kursniveau:	Kinder
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Bemerkung:	
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Kosten:	327.50 CHF
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detaillierte	<u>Lektionen: 16</u>
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Termine:	Datum	Uhrzeiten
	15.08.2020	11:00 - 11:45
	22.08.2020	11:00 - 11:45
	29.08.2020	11:00 - 11:45
	05.09.2020	11:00 - 11:45
	12.09.2020	11:00 - 11:45
	19.09.2020	11:00 - 11:45
	26.09.2020	11:00 - 11:45
	17.10.2020	11:00 - 11:45
	24.10.2020	11:00 - 11:45
	31.10.2020	11:00 - 11:45
	07.11.2020	11:00 - 11:45

14.11.2020	11:00 - 11:45
21.11.2020	11:00 - 11:45
28.11.2020	11:00 - 11:45
05.12.2020	11:00 - 11:45
12.12.2020	11:00 - 11:45
