

## BESCHREIBUNG KURSANGEBOT:

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### SEAHORSE

Kursnummer: 251694

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Ort: AZ Weiherweg , Bahn 1  
Adresse:  
Rudolfstr. 43  
4054 Basel

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Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

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Trainer: Léanne Lossin

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Kursniveau: Kinder

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Bemerkung:

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Kosten: 419.00 CHF

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detaillierte Lektionen: 18

Termine:	Datum	Uhrzeiten
	11.01.2025	11:00 - 11:45
	18.01.2025	11:00 - 11:45
	25.01.2025	11:00 - 11:45
	01.02.2025	11:00 - 11:45
	08.02.2025	11:00 - 11:45
	15.02.2025	11:00 - 11:45
	22.02.2025	11:00 - 11:45
	01.03.2025	11:00 - 11:45
	22.03.2025	11:00 - 11:45
	29.03.2025	11:00 - 11:45
	05.04.2025	11:00 - 11:45

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12.04.2025	11:00 - 11:45
03.05.2025	11:00 - 11:45
10.05.2025	11:00 - 11:45
17.05.2025	11:00 - 11:45
24.05.2025	11:00 - 11:45
14.06.2025	11:00 - 11:45
21.06.2025	11:00 - 11:45

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