

BESCHREIBUNG KURSANGEBOT:

CRAB

Kursnummer: 233580

Ort: Schulhaus Vogelsang, Bahn 1
Adresse:
Schwarzwaldallee 107
4058 Basel

Lerninhalt: **Basics 1 water habituation (4 to 5 years)**

Test content:

- Correct breathing underwater
- Floating 5 sec. on your back
- Taking a header from a seated position on the edge of the pool
- Jumping into the water and making it back to the edge
- Identifying objects under water with open eyes

Trainer: Dennis Keiser und Nadine Ziltener

Kursniveau: Kinder

Bemerkung:

Kosten: 349.00 CHF

detaillierte Lektionen: 16

Termine:	Datum	Uhrzeiten
	19.08.2023	09:00 - 09:45
	26.08.2023	09:00 - 09:45
	02.09.2023	09:00 - 09:45
	09.09.2023	09:00 - 09:45
	16.09.2023	09:00 - 09:45
	23.09.2023	09:00 - 09:45
	30.09.2023	09:00 - 09:45
	21.10.2023	09:00 - 09:45
	28.10.2023	09:00 - 09:45
	04.11.2023	09:00 - 09:45
	11.11.2023	09:00 - 09:45

18.11.2023	09:00 - 09:45
25.11.2023	09:00 - 09:45
02.12.2023	09:00 - 09:45
09.12.2023	09:00 - 09:45
16.12.2023	09:00 - 09:45
