

BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 263506

Ort: Rialto, Öffentliches Becken Bahn 1
Adresse:
Birsigstrasse 45
4054 Basel

Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

Trainer: Sandra Porfirio

Kursniveau: Kinder

Bemerkung:

Kosten: 327.00 CHF

detaillierte Lektionen: 14

Termine:	Datum	Uhrzeiten
	31.08.2026	17:30 - 18:15
	07.09.2026	17:30 - 18:15
	14.09.2026	17:30 - 18:15
	21.09.2026	17:30 - 18:15
	12.10.2026	17:30 - 18:15
	19.10.2026	17:30 - 18:15
	26.10.2026	17:30 - 18:15
	02.11.2026	17:30 - 18:15
	09.11.2026	17:30 - 18:15
	16.11.2026	17:30 - 18:15
	23.11.2026	17:30 - 18:15

30.11.2026 17:30 - 18:15

07.12.2026 17:30 - 18:15

14.12.2026 17:30 - 18:15
