

BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 263636

Ort: AZ Weiherweg , Bahn 1
Adresse:
Rudolfstr. 43
4054 Basel

Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

Trainer: Filiz Zopfi

Kursniveau: Kinder

Bemerkung:

Kosten: 396.00 CHF

detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	12.08.2026	17:00 - 17:45
	19.08.2026	17:00 - 17:45
	26.08.2026	17:00 - 17:45
	02.09.2026	17:00 - 17:45
	09.09.2026	17:00 - 17:45
	16.09.2026	17:00 - 17:45
	23.09.2026	17:00 - 17:45
	14.10.2026	17:00 - 17:45
	21.10.2026	17:00 - 17:45
	28.10.2026	17:00 - 17:45
	04.11.2026	17:00 - 17:45

11.11.2026	17:00 - 17:45
18.11.2026	17:00 - 17:45
25.11.2026	17:00 - 17:45
02.12.2026	17:00 - 17:45
09.12.2026	17:00 - 17:45
16.12.2026	17:00 - 17:45
