

BESCHREIBUNG KURSANGEBOT:

FROG

Kursnummer: 233581

Ort:	Schulhaus Vogelsang, Bahn 3
Adresse:	Schwarzwaldallee 107
	4058 Basel

Lerninhalt:	Basics 3 basic movements (5 to 6 years)
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Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

Trainer:	Anna Vonarburg und Kaya Reber
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Kursniveau:	Kinder
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Bemerkung:	
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Kosten:	349.00 CHF
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detaillierte	<u>Lektionen: 16</u>
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Termine:	Datum	Uhrzeiten
	19.08.2023	09:00 - 09:45
	26.08.2023	09:00 - 09:45
	02.09.2023	09:00 - 09:45
	09.09.2023	09:00 - 09:45
	16.09.2023	09:00 - 09:45
	23.09.2023	09:00 - 09:45
	30.09.2023	09:00 - 09:45
	21.10.2023	09:00 - 09:45
	28.10.2023	09:00 - 09:45
	04.11.2023	09:00 - 09:45
	11.11.2023	09:00 - 09:45

18.11.2023	09:00 - 09:45
25.11.2023	09:00 - 09:45
02.12.2023	09:00 - 09:45
09.12.2023	09:00 - 09:45
16.12.2023	09:00 - 09:45
