

BESCHREIBUNG KURSANGEBOT:

PIKE

Kursnummer: 253623

Ort:	Schulhaus Rittergasse, Bahn 1
Adresse:	Rittergasse 5
	4051 Basel

Lerninhalt:	Swimtest 2 (correct swim technique)
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Test contents:

- 25 m dolphin body motion
- 25 m backstroke-rotation, one-armed
- 25 m breaststroke with efficient arm movements
- 50 m crawl, one-armed
- 75 m swimming (25 m back + 25 m breast + 25 m crawl)
- racing dive and turn in breaststroke

Trainer:	Anne Hersperger
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Kursniveau:	Kinder
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Bemerkung:	
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Kosten:	373.00 CHF
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detaillierte	<u>Lektionen: 16</u>
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Termine:	Datum	Uhrzeiten
	16.08.2025	11:15 - 12:00
	23.08.2025	11:15 - 12:00
	30.08.2025	11:15 - 12:00
	06.09.2025	11:15 - 12:00
	13.09.2025	11:15 - 12:00
	20.09.2025	11:15 - 12:00
	27.09.2025	11:15 - 12:00
	18.10.2025	11:15 - 12:00
	25.10.2025	11:15 - 12:00
	01.11.2025	11:15 - 12:00
	08.11.2025	11:15 - 12:00

15.11.2025	11:15 - 12:00
22.11.2025	11:15 - 12:00
29.11.2025	11:15 - 12:00
06.12.2025	11:15 - 12:00
13.12.2025	11:15 - 12:00
