

## BESCHREIBUNG KURSANGEBOT:

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### CRAB

Kursnummer: 243570

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Ort: Spiegelfeld Binningen, Bahn 1  
Adresse:  
Wassergrabenstrasse 21  
4102 Binningen

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Lerninhalt: **Basics 1 water habituation (4 to 5 years)**

Test content:

- Correct breathing underwater
- Floating 5 sec. on your back
- Taking a header from a seated position on the edge of the pool
- Jumping into the water and making it back to the edge
- Identifying objects under water with open eyes

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Trainer: Svenja Schneider

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Kursniveau: Kinder

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Bemerkung:

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Kosten: 396.00 CHF

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detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	17.08.2024	08:30 - 09:15
	24.08.2024	08:30 - 09:15
	31.08.2024	08:30 - 09:15
	07.09.2024	08:30 - 09:15
	14.09.2024	08:30 - 09:15
	21.09.2024	08:30 - 09:15
	28.09.2024	08:30 - 09:15
	19.10.2024	08:30 - 09:15
	26.10.2024	08:30 - 09:15
	02.11.2024	08:30 - 09:15
	09.11.2024	08:30 - 09:15

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16.11.2024	08:30 - 09:15
23.11.2024	08:30 - 09:15
30.11.2024	08:30 - 09:15
07.12.2024	08:30 - 09:15
14.12.2024	08:30 - 09:15
21.12.2024	08:30 - 09:15

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