

## BESCHREIBUNG KURSANGEBOT:

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### CRAB

Kursnummer: 263563

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Ort: SuFz Wenkenstrasse, Bahn 1  
Adresse:  
Wenkenstrasse 33  
4125 Riehen

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Lerninhalt: **Basics 1 water habituation (4 to 5 years)**

Test content:

- Correct breathing underwater
- Floating 5 sec. on your back
- Taking a header from a seated position on the edge of the pool
- Jumping into the water and making it back to the edge
- Identifying objects under water with open eyes

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Trainer: Astrid Blumenkamp

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Kursniveau: Kinder

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Bemerkung:

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Kosten: 396.00 CHF

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detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	12.08.2026	16:45 - 17:30
	19.08.2026	16:45 - 17:30
	26.08.2026	16:45 - 17:30
	02.09.2026	16:45 - 17:30
	09.09.2026	16:45 - 17:30
	16.09.2026	16:45 - 17:30
	23.09.2026	16:45 - 17:30
	14.10.2026	16:45 - 17:30
	21.10.2026	16:45 - 17:30
	28.10.2026	16:45 - 17:30
	04.11.2026	16:45 - 17:30

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11.11.2026	16:45 - 17:30
18.11.2026	16:45 - 17:30
25.11.2026	16:45 - 17:30
02.12.2026	16:45 - 17:30
09.12.2026	16:45 - 17:30
16.12.2026	16:45 - 17:30

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