

BESCHREIBUNG KURSANGEBOT:

FROG

Kursnummer: 251692

Ort:	AZ Weiherweg , Bahn 2
Adresse:	Rudolfstr. 43
	4054 Basel

Lerninhalt:	Basics 3 basic movements (5 to 6 years)
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Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

Trainer:	Nadine Ziltener
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Kursniveau:	Kinder
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Bemerkung:	
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Kosten:	419.00 CHF
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detaillierte	<u>Lektionen: 18</u>
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Termine:	Datum	Uhrzeiten
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