

BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 261501

Ort:	Rialto, Kursschwimmbecken Bahn 2
Adresse:	Birsigstrasse 45 4054 Basel

Lerninhalt:	Basics 2 water accomplishment (4 to 5 years)
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Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

Trainer:	Sandra Porfirio
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Kursniveau:	Kinder
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Bemerkung:	
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Kosten:	465.00 CHF
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detaillierte	<u>Lektionen: 20</u>
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Termine:	Datum	Uhrzeiten
	05.01.2026	16:45 - 17:30
	12.01.2026	16:45 - 17:30
	19.01.2026	16:45 - 17:30
	26.01.2026	16:45 - 17:30
	02.02.2026	16:45 - 17:30
	09.02.2026	16:45 - 17:30
	02.03.2026	16:45 - 17:30
	09.03.2026	16:45 - 17:30
	16.03.2026	16:45 - 17:30
	23.03.2026	16:45 - 17:30
	13.04.2026	16:45 - 17:30

20.04.2026	16:45 - 17:30
27.04.2026	16:45 - 17:30
04.05.2026	16:45 - 17:30
11.05.2026	16:45 - 17:30
18.05.2026	16:45 - 17:30
01.06.2026	16:45 - 17:30
08.06.2026	16:45 - 17:30
15.06.2026	16:45 - 17:30
22.06.2026	16:45 - 17:30
