

BESCHREIBUNG KURSANGEBOT:

BEGINNER COURSE CHILDREN FROM 10-15 YEARS

Kursnummer: 243518

Ort: Rialto, Grosses Becken Bahn 8
Adresse:
Birsigstrasse 45
4054 Basel

Lerninhalt: Children between the ages of 10 -15 years learn the first basic techniques of swimming in this beginner course. The aim is to get them to their appropriate performance level for their age as soon as possible.

Being able to swim correctly is the basis for a long-term enjoyment of this healthy sport. Regular swimming supports the physical and mental development of the child and also encourages their coordination skills. The children discover their personal capability, whereby the self-confidence will be strengthened. At the end of the course tests are performed according to the guidelines of swim sports.

Trainer: Svenja Schneider

Kursniveau: Kinder

Bemerkung:

Kosten: 327.00 CHF

detaillierte Lektionen: 14

Termine:	Datum	Uhrzeiten
	02.09.2024	18:15 - 19:00
	09.09.2024	18:15 - 19:00
	16.09.2024	18:15 - 19:00
	23.09.2024	18:15 - 19:00

14.10.2024	18:15 - 19:00
21.10.2024	18:15 - 19:00
28.10.2024	18:15 - 19:00
04.11.2024	18:15 - 19:00
11.11.2024	18:15 - 19:00
18.11.2024	18:15 - 19:00
25.11.2024	18:15 - 19:00
02.12.2024	18:15 - 19:00
09.12.2024	18:15 - 19:00
16.12.2024	18:15 - 19:00
