

## BESCHREIBUNG KURSANGEBOT:

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### SEAHORSE

Kursnummer: 263594

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Ort: Rialto, Kursschwimmbecken Bahn 1  
Adresse:  
Birsigstrasse 45  
4054 Basel

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Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

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Trainer: Aurelia Huck

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Kursniveau: Kinder

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Bemerkung:

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Kosten: 327.00 CHF

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detaillierte Lektionen: 14

| Termine: | Datum      | Uhrzeiten     |
|----------|------------|---------------|
|          | 01.09.2026 | 14:00 - 14:45 |
|          | 08.09.2026 | 14:00 - 14:45 |
|          | 15.09.2026 | 14:00 - 14:45 |
|          | 22.09.2026 | 14:00 - 14:45 |
|          | 13.10.2026 | 14:00 - 14:45 |
|          | 20.10.2026 | 14:00 - 14:45 |
|          | 27.10.2026 | 14:00 - 14:45 |
|          | 03.11.2026 | 14:00 - 14:45 |
|          | 10.11.2026 | 14:00 - 14:45 |
|          | 17.11.2026 | 14:00 - 14:45 |
|          | 24.11.2026 | 14:00 - 14:45 |

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01.12.2026 14:00 - 14:45

08.12.2026 14:00 - 14:45

15.12.2026 14:00 - 14:45

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