

BESCHREIBUNG KURSANGEBOT:

CRAB

Kursnummer: 243502

Ort: Rialto, Kursschwimmbecken Bahn 1
Adresse:
Birsigstrasse 45
4054 Basel

Lerninhalt: **Basics 1 water habituation (4 to 5 years)**

Test content:

- Correct breathing underwater
- Floating 5 sec. on your back
- Taking a header from a seated position on the edge of the pool
- Jumping into the water and making it back to the edge
- Identifying objects under water with open eyes

Trainer: Athuja Anantharasa

Kursniveau: Kinder

Bemerkung:

Kosten: 327.00 CHF

detaillierte Lektionen: 14

Termine:	Datum	Uhrzeiten
	02.09.2024	17:30 - 18:15
	09.09.2024	17:30 - 18:15
	16.09.2024	17:30 - 18:15
	23.09.2024	17:30 - 18:15
	14.10.2024	17:30 - 18:15
	21.10.2024	17:30 - 18:15
	28.10.2024	17:30 - 18:15
	04.11.2024	17:30 - 18:15
	11.11.2024	17:30 - 18:15
	18.11.2024	17:30 - 18:15
	25.11.2024	17:30 - 18:15

02.12.2024	17:30 - 18:15
09.12.2024	17:30 - 18:15
16.12.2024	17:30 - 18:15
