

BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 253710

Ort:	Rialto, Kursschwimmbecken Bahn 1
Adresse:	Birsigstrasse 45 4054 Basel

Lerninhalt:	Basics 2 water accomplishment (4 to 5 years)
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Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

Trainer:	Ella Bucher und Svenja Schneider
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Kursniveau:	Kinder
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Bemerkung:	
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Kosten:	327.00 CHF
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detaillierte	<u>Lektionen: 14</u>
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Termine:	Datum	Uhrzeiten
	04.09.2025	17:15 - 18:00
	11.09.2025	17:15 - 18:00
	18.09.2025	17:15 - 18:00
	25.09.2025	17:15 - 18:00
	16.10.2025	17:15 - 18:00
	23.10.2025	17:15 - 18:00
	30.10.2025	17:15 - 18:00
	06.11.2025	17:15 - 18:00
	13.11.2025	17:15 - 18:00
	20.11.2025	17:15 - 18:00
	27.11.2025	17:15 - 18:00

04.12.2025	17:15 - 18:00
11.12.2025	17:15 - 18:00
18.12.2025	17:15 - 18:00
