

## BESCHREIBUNG KURSANGEBOT:

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### FROG

Kursnummer: 243649

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Ort: AZ Weiherweg , Bahn 2  
Adresse:  
Rudolfstr. 43  
4054 Basel

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Lerninhalt: **Basics 3 basic movements (5 to 6 years)**

Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

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Trainer: Ines Zorn

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Kursniveau: Kinder

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Bemerkung:

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Kosten: 396.00 CHF

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detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	17.08.2024	11:00 - 11:45
	24.08.2024	11:00 - 11:45
	31.08.2024	11:00 - 11:45
	07.09.2024	11:00 - 11:45
	14.09.2024	11:00 - 11:45
	21.09.2024	11:00 - 11:45
	28.09.2024	11:00 - 11:45
	19.10.2024	11:00 - 11:45
	26.10.2024	11:00 - 11:45
	02.11.2024	11:00 - 11:45
	09.11.2024	11:00 - 11:45

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16.11.2024	11:00 - 11:45
23.11.2024	11:00 - 11:45
30.11.2024	11:00 - 11:45
07.12.2024	11:00 - 11:45
14.12.2024	11:00 - 11:45
21.12.2024	11:00 - 11:45

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