

## BESCHREIBUNG KURSANGEBOT:

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### CRAB

Kursnummer: 243709

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Ort: Rialto, Kursschwimmbecken Bahn 1  
Adresse:  
Birsigstrasse 45  
4054 Basel

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Lerninhalt: **Basics 1 water habituation (4 to 5 years)**

Test content:

- Correct breathing underwater
- Floating 5 sec. on your back
- Taking a header from a seated position on the edge of the pool
- Jumping into the water and making it back to the edge
- Identifying objects under water with open eyes

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Trainer: Giuliana Roca

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Kursniveau: Kinder

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Bemerkung:

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Kosten: 327.00 CHF

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detaillierte Lektionen: 14

Termine:	Datum	Uhrzeiten
	05.09.2024	16:30 - 17:15
	12.09.2024	16:30 - 17:15
	19.09.2024	16:30 - 17:15
	26.09.2024	16:30 - 17:15
	17.10.2024	16:30 - 17:15
	24.10.2024	16:30 - 17:15
	31.10.2024	16:30 - 17:15
	07.11.2024	16:30 - 17:15
	14.11.2024	16:30 - 17:15
	21.11.2024	16:30 - 17:15
	28.11.2024	16:30 - 17:15

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05.12.2024	16:30 - 17:15
12.12.2024	16:30 - 17:15
19.12.2024	16:30 - 17:15

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