

BESCHREIBUNG KURSANGEBOT:

FROG

Kursnummer: 243722

Ort: Rialto, Kursschwimmbecken Bahn 1
Adresse:
Birsigstrasse 45
4054 Basel

Lerninhalt: **Basics 3 basic movements (5 to 6 years)**

Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

Trainer: Tamino Sulser

Kursniveau: Kinder

Bemerkung:

Kosten: 327.00 CHF

detaillierte Lektionen: 14

Termine:	Datum	Uhrzeiten
	07.09.2024	10:30 - 11:15
	14.09.2024	10:30 - 11:15
	21.09.2024	10:30 - 11:15
	28.09.2024	10:30 - 11:15
	19.10.2024	10:30 - 11:15
	26.10.2024	10:30 - 11:15
	02.11.2024	10:30 - 11:15
	09.11.2024	10:30 - 11:15
	16.11.2024	10:30 - 11:15
	23.11.2024	10:30 - 11:15
	30.11.2024	10:30 - 11:15

07.12.2024	10:30 - 11:15
14.12.2024	10:30 - 11:15
21.12.2024	10:30 - 11:15
