

BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 263650

Ort: AZ Weiherweg , Bahn 2
Adresse:
Rudolfstr. 43
4054 Basel

Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

Trainer: Ines Zorn

Kursniveau: Kinder

Bemerkung:

Kosten: 396.00 CHF

detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	15.08.2026	11:45 - 12:30
	22.08.2026	11:45 - 12:30
	29.08.2026	11:45 - 12:30
	05.09.2026	11:45 - 12:30
	12.09.2026	11:45 - 12:30
	19.09.2026	11:45 - 12:30
	26.09.2026	11:45 - 12:30
	17.10.2026	11:45 - 12:30
	24.10.2026	11:45 - 12:30
	31.10.2026	11:45 - 12:30
	07.11.2026	11:45 - 12:30

14.11.2026	11:45 - 12:30
21.11.2026	11:45 - 12:30
28.11.2026	11:45 - 12:30
05.12.2026	11:45 - 12:30
12.12.2026	11:45 - 12:30
19.12.2026	11:45 - 12:30
