BESCHREIBUNG KURSANGEBOT:

SEAHORSE

Kursnummer: 203501

Ort:	Rialto, Lehrschwimmbecken Bahn 2 Adresse: Birsigstrasse 45 4054 Basel
Lerninhalt:	**Basics 2 water accomplishment (4 to 5 years)** Test content: • 3 m „Seal swimming“ • Floating for 5 sec. on their stomach • 3 m gliding in the dorsal position • Making a header into the water from a sitting position on the edge of the pool and 3 m gliding. • Jump feet first with nasal breathing
Trainer:	Sandra Porfirio
Kursniveau:	Kinder
Bemerkung:	
Kosten:	306.00 CHF
detaillierte Termine:	Lektionen: 14

Datum	Uhrzeiten
31.08.2020	16:45 - 17:30
07.09.2020	16:45 - 17:30
14.09.2020	16:45 - 17:30
21.09.2020	16:45 - 17:30
12.10.2020	16:45 - 17:30
19.10.2020	16:45 - 17:30
26.10.2020	16:45 - 17:30
02.11.2020	16:45 - 17:30
09.11.2020	16:45 - 17:30
16.11.2020	16:45 - 17:30
23.11.2020	16:45 - 17:30

	30.11.2020	16:45 - 17:30
	07.12.2020	16:45 - 17:30
	14.12.2020	16:45 - 17:30