

## BESCHREIBUNG KURSANGEBOT:

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### FROG

Kursnummer: 243580

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Ort: Schulhaus Vogelsang, Bahn 4  
Adresse:  
Schwarzwaldallee 107  
4058 Basel

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Lerninhalt: **Basics 3 basic movements (5 to 6 years)**

Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

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Trainer: Dennis Keiser

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Kursniveau: Kinder

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Bemerkung:

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Kosten: 350.00 CHF

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detaillierte Lektionen: 15

Termine:	Datum	Uhrzeiten
	17.08.2024	09:00 - 09:45
	24.08.2024	09:00 - 09:45
	31.08.2024	09:00 - 09:45
	07.09.2024	09:00 - 09:45
	14.09.2024	09:00 - 09:45
	21.09.2024	09:00 - 09:45
	28.09.2024	09:00 - 09:45
	19.10.2024	09:00 - 09:45
	26.10.2024	09:00 - 09:45
	02.11.2024	09:00 - 09:45
	16.11.2024	09:00 - 09:45

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23.11.2024	09:00 - 09:45
30.11.2024	09:00 - 09:45
07.12.2024	09:00 - 09:45
14.12.2024	09:00 - 09:45

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