

## BESCHREIBUNG KURSANGEBOT:

---

### FROG

Kursnummer: 243644

---

Ort: AZ Weiherweg , Bahn 1  
Adresse:  
Rudolfstr. 43  
4054 Basel

---

Lerninhalt: **Basics 3 basic movements (5 to 6 years)**

Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

---

Trainer: Sandra Porfirio und Peppa Schwerdtner

---

Kursniveau: Kinder

---

Bemerkung:

---

Kosten: 396.00 CHF

---

detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	15.08.2024	17:30 - 18:15
	22.08.2024	17:30 - 18:15
	29.08.2024	17:30 - 18:15
	05.09.2024	17:30 - 18:15
	12.09.2024	17:30 - 18:15
	19.09.2024	17:30 - 18:15
	26.09.2024	17:30 - 18:15
	17.10.2024	17:30 - 18:15
	24.10.2024	17:30 - 18:15
	31.10.2024	17:30 - 18:15
	07.11.2024	17:30 - 18:15

---

14.11.2024	17:30 - 18:15
21.11.2024	17:30 - 18:15
28.11.2024	17:30 - 18:15
05.12.2024	17:30 - 18:15
12.12.2024	17:30 - 18:15
19.12.2024	17:30 - 18:15

---