

## BESCHREIBUNG KURSANGEBOT:

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### FROG

Kursnummer: 263654

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Ort: AZ Weiherweg , Bahn 2  
Adresse:  
Rudolfstr. 43  
4054 Basel

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Lerninhalt: **Basics 3 basic movements (5 to 6 years)**

Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

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Trainer: Oliver Story

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Kursniveau: Kinder

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Bemerkung:

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Kosten: 396.00 CHF

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detaillierte Lektionen: 17

| Termine: | Datum      | Uhrzeiten     |
|----------|------------|---------------|
|          | 15.08.2026 | 10:15 - 11:00 |
|          | 22.08.2026 | 10:15 - 11:00 |
|          | 29.08.2026 | 10:15 - 11:00 |
|          | 05.09.2026 | 10:15 - 11:00 |
|          | 12.09.2026 | 10:15 - 11:00 |
|          | 19.09.2026 | 10:15 - 11:00 |
|          | 26.09.2026 | 10:15 - 11:00 |
|          | 17.10.2026 | 10:15 - 11:00 |
|          | 24.10.2026 | 10:15 - 11:00 |
|          | 31.10.2026 | 10:15 - 11:00 |
|          | 07.11.2026 | 10:15 - 11:00 |

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| 14.11.2026 | 10:15 - 11:00 |
| 21.11.2026 | 10:15 - 11:00 |
| 28.11.2026 | 10:15 - 11:00 |
| 05.12.2026 | 10:15 - 11:00 |
| 12.12.2026 | 10:15 - 11:00 |
| 19.12.2026 | 10:15 - 11:00 |

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