

## BESCHREIBUNG KURSANGEBOT:

---

### FROG

Kursnummer: 243583

---

Ort: Schulhaus Vogelsang, Bahn 3  
Adresse:  
Schwarzwaldallee 107  
4058 Basel

---

Lerninhalt: **Basics 3 basic movements (5 to 6 years)**

Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

---

Trainer: Nevitha Sivarajah

---

Kursniveau: Kinder

---

Bemerkung:

---

Kosten: 350.00 CHF

---

detaillierte Lektionen: 15

Termine:	Datum	Uhrzeiten
	17.08.2024	09:45 - 10:30
	24.08.2024	09:45 - 10:30
	31.08.2024	09:45 - 10:30
	07.09.2024	09:45 - 10:30
	14.09.2024	09:45 - 10:30
	21.09.2024	09:45 - 10:30
	28.09.2024	09:45 - 10:30
	19.10.2024	09:45 - 10:30
	26.10.2024	09:45 - 10:30
	02.11.2024	09:45 - 10:30
	16.11.2024	09:45 - 10:30

---

23.11.2024	09:45 - 10:30
30.11.2024	09:45 - 10:30
07.12.2024	09:45 - 10:30
14.12.2024	09:45 - 10:30

---