

## BESCHREIBUNG KURSANGEBOT:

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### SEAHORSE

Kursnummer: 243636

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Ort: AZ Weiherweg , Bahn 2  
Adresse:  
Rudolfstr. 43  
4054 Basel

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Lerninhalt: **Basics 2 water accomplishment (4 to 5 years)**

Test content:

- 3 m „Seal swimming“
- Floating for 5 sec. on their stomach
- 3 m gliding in the dorsal position
- Making a header into the water from a sitting position on the edge of the pool and 3 m gliding.
- Jump feet first with nasal breathing

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Trainer: Sibylle Gut

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Kursniveau: Kinder

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Bemerkung:

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Kosten: 396.00 CHF

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detaillierte Lektionen: 17

Termine:	Datum	Uhrzeiten
	14.08.2024	17:00 - 17:45
	21.08.2024	17:00 - 17:45
	28.08.2024	17:00 - 17:45
	04.09.2024	17:00 - 17:45
	11.09.2024	17:00 - 17:45
	18.09.2024	17:00 - 17:45
	25.09.2024	17:00 - 17:45
	16.10.2024	17:00 - 17:45
	23.10.2024	17:00 - 17:45
	30.10.2024	17:00 - 17:45
	06.11.2024	17:00 - 17:45

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13.11.2024	17:00 - 17:45
20.11.2024	17:00 - 17:45
27.11.2024	17:00 - 17:45
04.12.2024	17:00 - 17:45
11.12.2024	17:00 - 17:45
18.12.2024	17:00 - 17:45

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