

BESCHREIBUNG KURSANGEBOT:

FROG

Kursnummer: 253516

Ort: Rialto, Sportbecken Bahn 6
Adresse:
Birsigstrasse 45
4054 Basel

Lerninhalt: **Basics 3 basic movements (5 to 6 years)**

Test content:

- 5 m „Helicopter swimming“
- Simultaneously moving both arms in a dorsal position (also called inverted breaststroke)
- 5 m gliding in dorsal position
- Diving for rings from the pool edge
- A somersault into the water

Trainer: Svenja Schneider

Kursniveau: Kinder

Bemerkung:

Kosten: 327.00 CHF

detaillierte Lektionen: 14

Termine:	Datum	Uhrzeiten
	01.09.2025	16:45 - 17:30
	08.09.2025	16:45 - 17:30
	15.09.2025	16:45 - 17:30
	22.09.2025	16:45 - 17:30
	13.10.2025	16:45 - 17:30
	20.10.2025	16:45 - 17:30
	27.10.2025	16:45 - 17:30
	03.11.2025	16:45 - 17:30
	10.11.2025	16:45 - 17:30
	17.11.2025	16:45 - 17:30
	24.11.2025	16:45 - 17:30

01.12.2025	16:45 - 17:30
08.12.2025	16:45 - 17:30
15.12.2025	16:45 - 17:30
